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# The Marriage of Spirit: Enlightened Living in Today's World (English Edition)

THE  
MARRIAGE  
*of*  
SPIRIT

*Enlightened Living in Today's World*



LESLIE TEMPLE-THURSTON  
*with Brad Laughlin*

*Par Leslie Temple-Thurston, Brad Laughlin*

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## Description :

Présentation de l'auteurThe Marriage of Spirit is a handbook for spiritual awakening for people living and working in the world. It directly addresses how we can experience divine presence in our lives, and offers simple, powerful and fast exercises for creating balance and harmony. Based in the ancient teachings of the reconciliation of opposites, these revolutionary, unique, and easy journaling techniques help us accelerate the path to unity consciousness by quickly and dramatically moving us beyond egoic limitations and overcoming negativity, anger, pain and fear. Included is the especially powerful Squares technique, which creates radical and rapid transformation. In this groundbreaking book, which has been translated into several languages and has helped thousands worldwide, Leslie Temple-Thurston shares the story of the awakenings

that led to her spiritual transformation, and her eclectic, yogic-influenced approach to Western enlightenment. Filtered through spiritual psychology, her insights and principles are based on the truth teachings of ancient mystery schools, traditions and religions, revamped and simplified for the contemporary spiritual seeker. As the author says, We have arrived at a new and different time; we are here to enlighten the physical plane, the body, and the personality while living and working in the world. If we integrate the dualistic and polarized schisms in our personality, we can know directly and palpably the unity which we truly are, beyond the limited personality. In a world torn apart by polarization, it offers hope for a third way, the way of unity amidst diversity.

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